



The Essence  
of Health

MED LASER AND INFUSION CLINIC INC.

289-775-4685

FOTONA  
SP DYNAMIS



FÄRSK

IV Vitamin Infusions



STARFORMER®

# WE FOCUS ON

---



Health

We strive to offer a natural approach to **symptom management and beauty**. With our cutting edge technology we are offering highly effective treatments that are non-invasive and safe, with no medication, and no downtime. We offer numerous treatments and specialize in laser treatments for **pain management**. Combination of **photobiomodulation and laser pain management** is ideal solution for **wound healing and pain reduction**. Fotona laser treatments are natural and effective way to reduce or eliminate pain. This treatment is specifically beneficial to those suffering from fibromyalgia, lower back pain, arthritis, sports related injuries and more.

Child birth and the natural aging process can cause significant changes to a women's body. Weakening of the core muscles, bladder leakage, and weight gain can significantly impact our confidence and overall quality of life. With our innovative technology we offer a non-surgical laser treatments for **stress urinary incontinence, vaginal relaxation syndrome and vaginal atrophy**. We offer and alternate option to **PELVIC FLOOR & CORE STRENGTHENING TREATMENTS** that is non-invasive, safe and effective. Other treatment options that we offer include **reduction in snoring, nail fungus treatments, warts and skin tag removal, spider vein removal, acne treatments, hair restart and many more**.

---



Beauty

With our cutting edge technology we offer **Fotona 4D non-surgical and non-invasive face lift for women and men**, with no downtime, no medication and no injectables, visible results seen after the first treatment. We offer **lip plumping** that requires no injectables.

# WE FOCUS ON

---

## Weight loss assistance

We offer **weight loss assistance** through

1. body strengthening, firming and toning, muscle sculpting, core strengthening
2. HotSculpting/TightSculpting treatments
  - a. a two step process
    - i. first -laser causes bulk tissue heating safely and rapidly, by concentrating energy delivery subcutaneously causing apoptosis of the fat cell
    - ii. second- skin tightening where intense superficial heat stimulates collagen contraction
3. **infrared sauna blanket treatments** which calms your mind, rejuvenates your body , burns calories and sweats out impurities.

---

## Health promotion

### **BENEFITS OF IV THERAPY**

- Improve hydration
- Nourishes the body through vitamins, minerals and electrolytes
- Strengthen the immune system
- Boost energy levels and reduce fatigue
- Supports your metabolism
- Protect against free radicals
- Regenerate cells
- Improve the overall condition of your skin

Our clinic offers a variety of **IV vitamin infusions**. In today's world we need our immune system to be strong to conquer the unpredictable tomorrow. IV Drip treatments are known to provide the body with the essential vitamins and minerals by injecting the solution directly into the bloodstream. This facilitates a very high absorption rate and because it is fast-acting, delivers efficient results immediately after finishing the treatment. Have you every wondered when trying to buy vitamins which once to pick, what is the difference between them? Have you ever forgotten them for days at a time or felt unwell after taking them? IV vitamins and minerals might be a good solution for you.

# Fotona SP Dynamis Treatments

## LASER PAIN MANAGEMENT

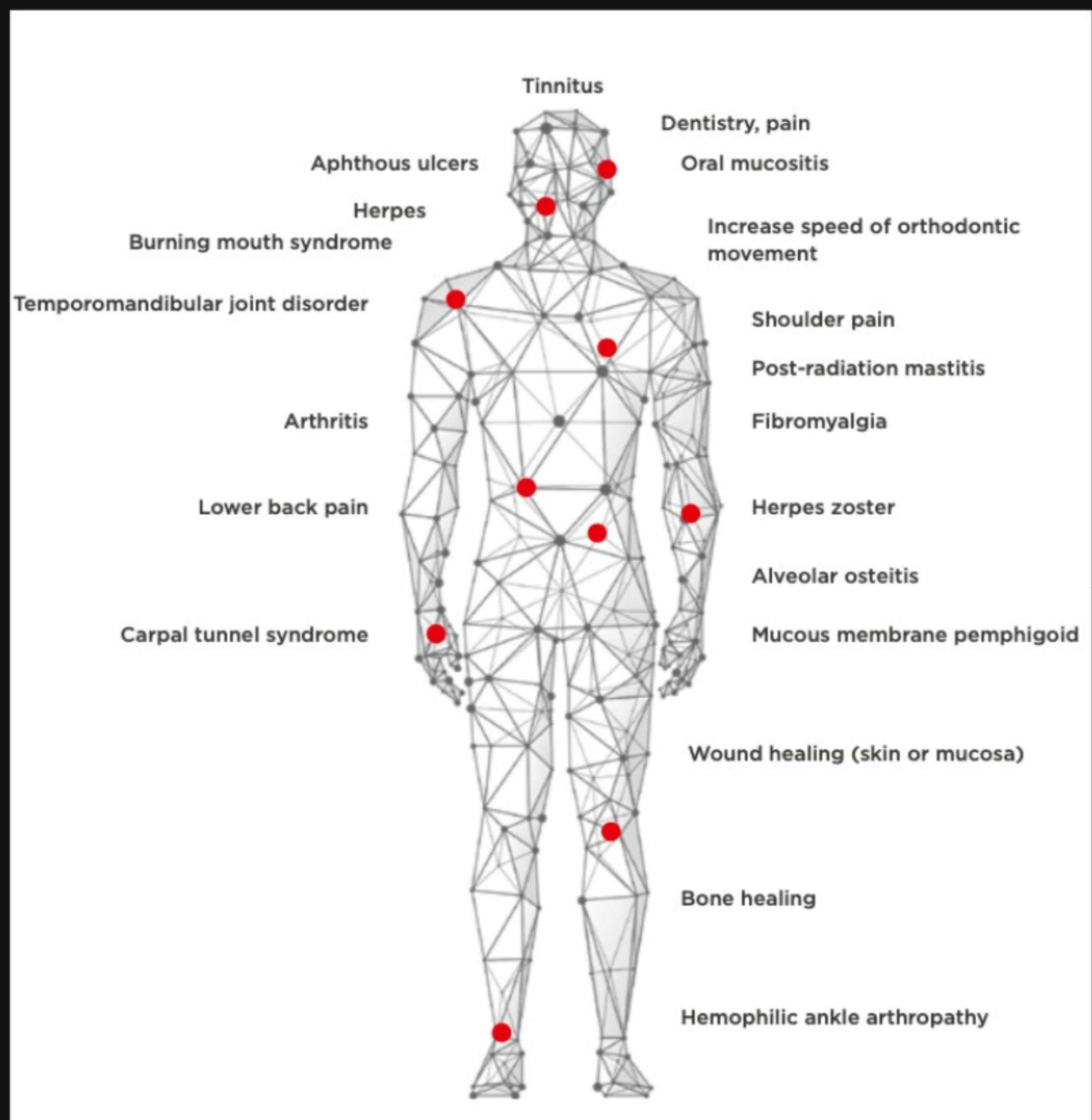


**Conditions**

### AN EFFECTIVE LASER SOLUTION FOR:


- PAIN DUE TO MUSCLE OR LIGAMENT STRAIN
- LOW BACK PAIN
- NECK AND SHOULDER PAIN
- CHRONIC PAIN DUE TO OSTEOARTHRITIS
- PAINFUL OR LOCKED JAW (TMJ)
- PAINFUL AND RECURRENT ORAL LESIONS
- PAIN AND SWELLING AFTER SURGICAL PROCEDURES
- CARPAL TUNNEL SYNDROME
- NERVE PAIN














AND MORE!



# Fotona SP Dynamis Treatments

## HEAD TO TOE TREATMENTS



	BODY CONTOURING		SKIN RESURFACING
	SKIN & NECK TIGHTENING		PIGMENTED LESIONS
	HAIR REMOVAL		VASCULAR LESIONS
	SKIN REJUVENATION		SCAR REDUCTION
	STRETCH MARKS		ACNE
	NAIL FUNGUS		SNORING
			INTRAORAL

Embrace your best you.

**Fotona**



### MEDICAL LASER TREATMENTS NON INVASIVE

PAIN MANAGEMENT  
PHOTOBIO-MODULATION  
SNORING TREATMENT  
HAIR RESTART  
SPIDER VEIN TREATMENTS  
ACNE AND ACNE SCAR TREATMENTS  
ONYCHOMYCOSIS (NAIL FUNGUS)  
WARTS TREATMENTS  
SCAR AND STRETCH MARKS  
TREATMENTS  
ROSACEA TREATMENTS  
HYPERHIDROSIS TREATMENT  
INCONTILASE- FOR STRESS URINARY  
INCONTINENCE AND MIXED  
URINARY INCONTINENCE  
INTIMALASE-FOR VAGINAL  
RELAXATION SYNDROME

### AESTHETIC LASER TREATMENTS NON INVASIVE

4D FACELIFT FOR WOMEN AND MEN-  
NON INVASIVE  
FULLER LIPS-NON INVASIVE LIP  
PLUMING  
HOT SCULPTING/TIGHT SCULPTING

# Fotona StarFormer Treatments

## TWO TREATMENT OPTIONS:



### TIGHTWAVE®

TightWave® is a breakthrough treatment for effectively strengthening, shaping and firming different areas of the body:



#### Convenient Applicator Holder

- For easier application e.g. when treating biceps and triceps
- Alternative to straps

- Glutes
- Abdomen
- Hamstring area
- Arms
- Back muscles

The treatment is performed with the patient lying down fully clothed. One session generally lasts between 20 to 30 minutes with patients resuming their daily activities immediately after treatment.

### INTIMAWAVE®

StarFormer® can additionally be used to stimulate pelvic floor and lower back muscles, utilizing two applicators to treat all types of male or female urinary and faecal incontinence. During treatment the patient remains fully clothed and sits on a comfortable IntimaWave® chair. The magnetic applicators in the chair stimulate muscle contraction in the entire pelvic floor area, increasing the strength and endurance of the pelvic floor. The result is effective and long-term relief of uncontrolled urine flow.



Before



Pelvic floor muscles insufficiently support pelvic organs, affecting bladder control.

After



Magnetic stimulation induces pelvic floor muscle strengthening and the return of normal continence function.



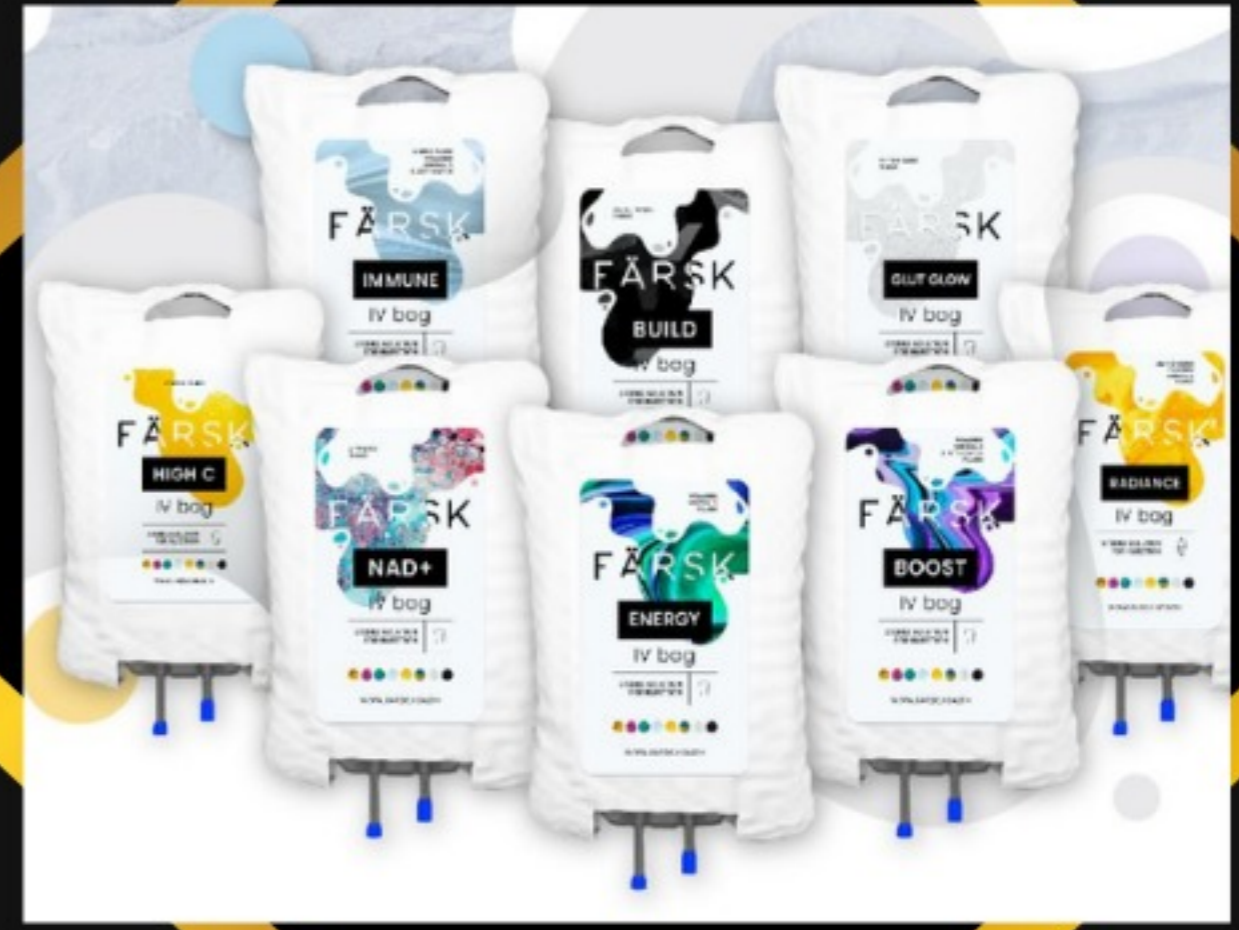
### StarFormer® IntimaWave®

#### can be used to treat

- stress incontinence,
- urge incontinence,
- mixed urinary incontinence,
- fecal incontinence,
- postpartum rehabilitation,
- pelvic floor muscle rehabilitation after surgery,
- chronic prostatitis,
- erectile dysfunction,
- problems due to poor circulation

**BECAUSE SLOWING DOWN IS NOT AN OPTION**

# IV Vitamin Infusions by Farsk




# FÄRSK


## HOW IS IV THERAPY DIFFERENT FROM TAKING A SUPPLEMENTS?

Well, with IV drips, the body receives the vitamins and minerals by injecting the solution directly into the bloodstream, a process that bypasses the digestive system and allows clients to feel the positive effects instantly.

## THE MOST COMMON BENEFITS OF IV THERAPY ARE:



Nourish the body through vitamins, minerals and electrolytes



Strengthen the immune system



Regenerate cells, and improve skin conditions




Enhance energy



Boost the metabolism



Protect against free radicals



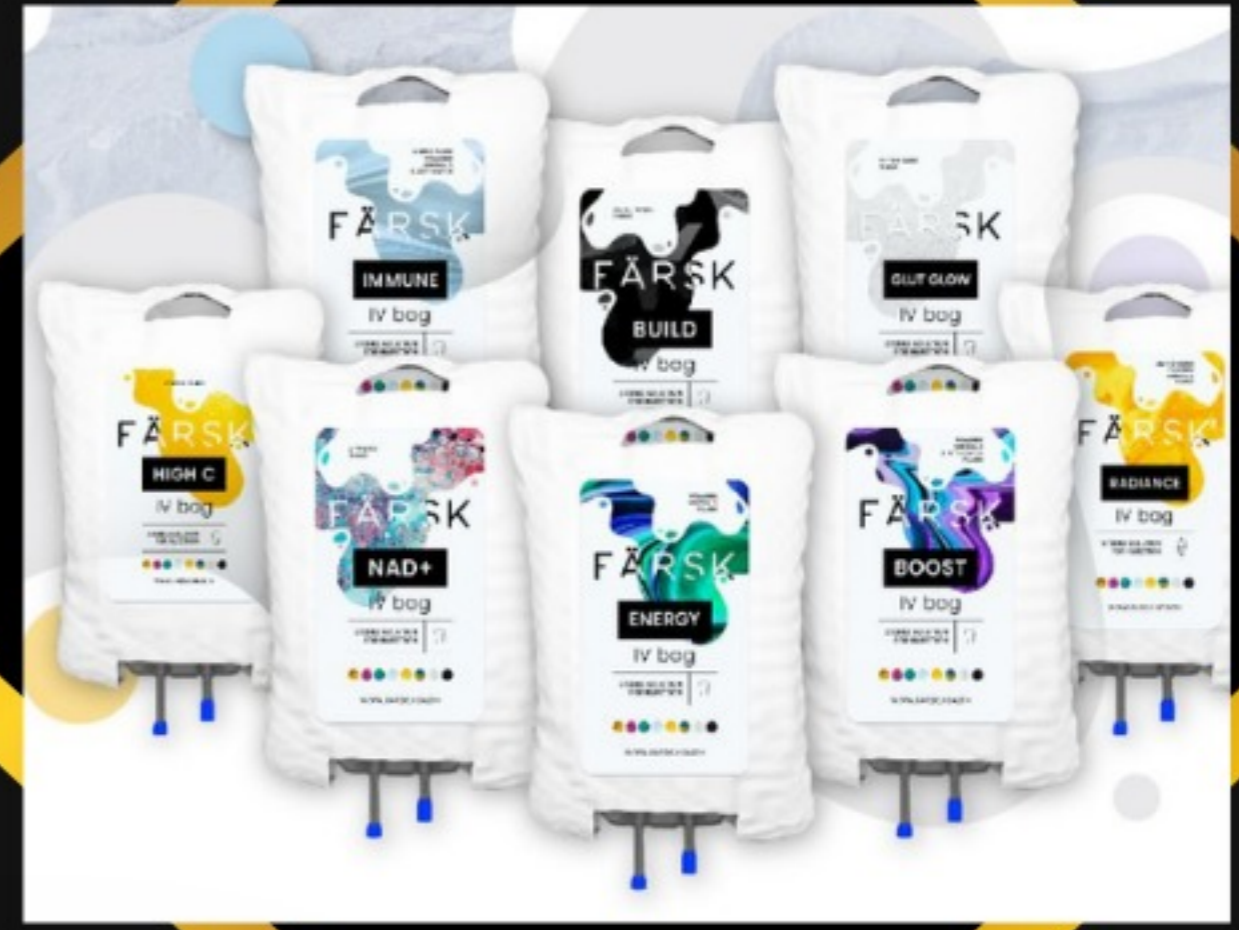
Improve hydration

What are your wellness goals?

Do you have an area of your health you would like to improve?

CONTACT US to learn more about our IV therapy packages!

# IV Vitamin Infusions by Farsk



# FÄRSK

# Boost

## HYDRATE | REPLENISH | ENHANCE



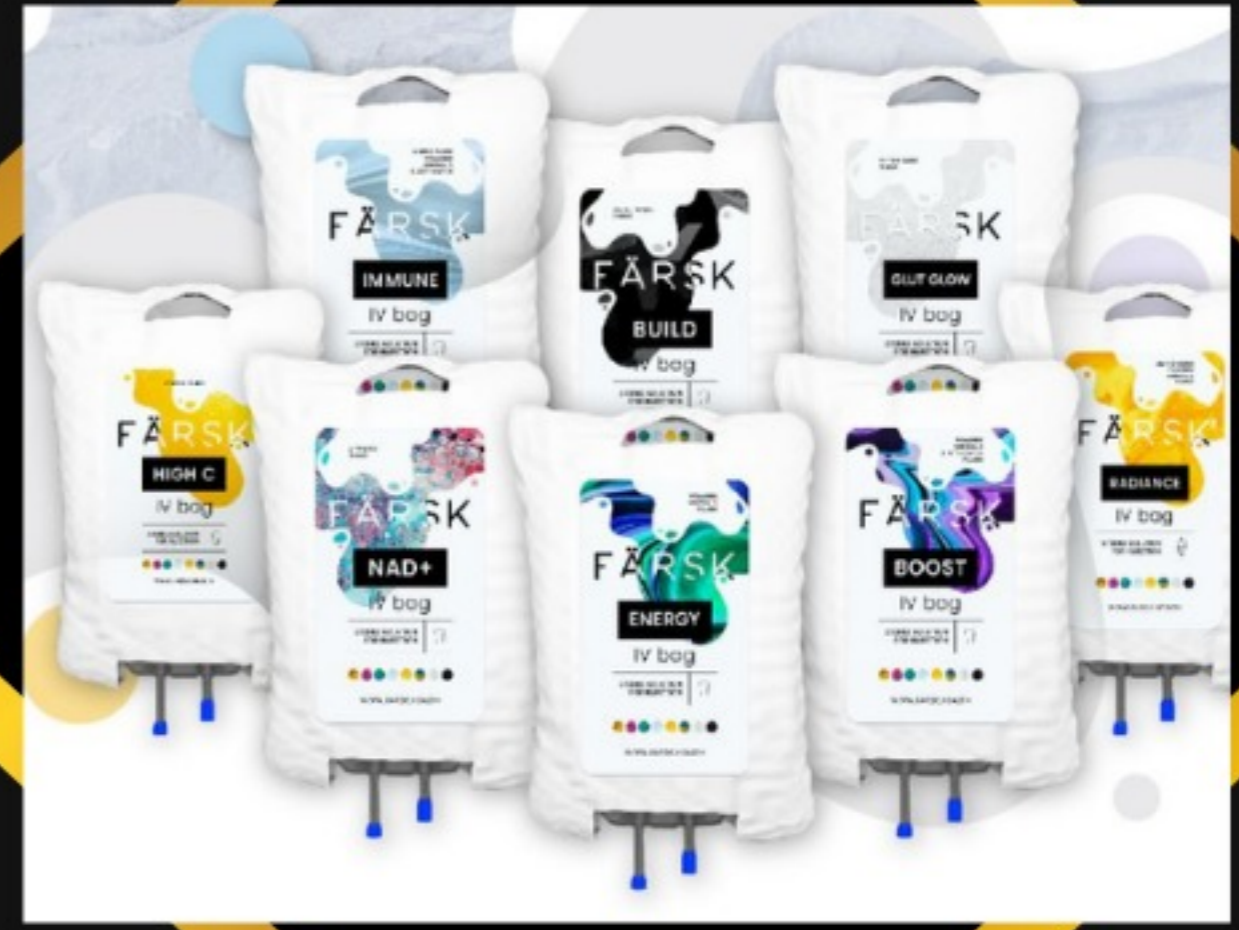
- This IV drip was created for hydration, vitamin and mineral replenishment.
- The key components include vitamins A, B, C, D, E and potassium.
- Enhances mood and increases energy levels
- IV Boost also offers an overall wellness enhancement, by helping with something as common as dehydration and mineral deficiencies in the body, which can lead to the malfunction of many of its processes.
- helps in regulating calcium and phosphorus

### Assists in treatment of

- Dehydration
- Hangover
- Burnout
- Fatigue



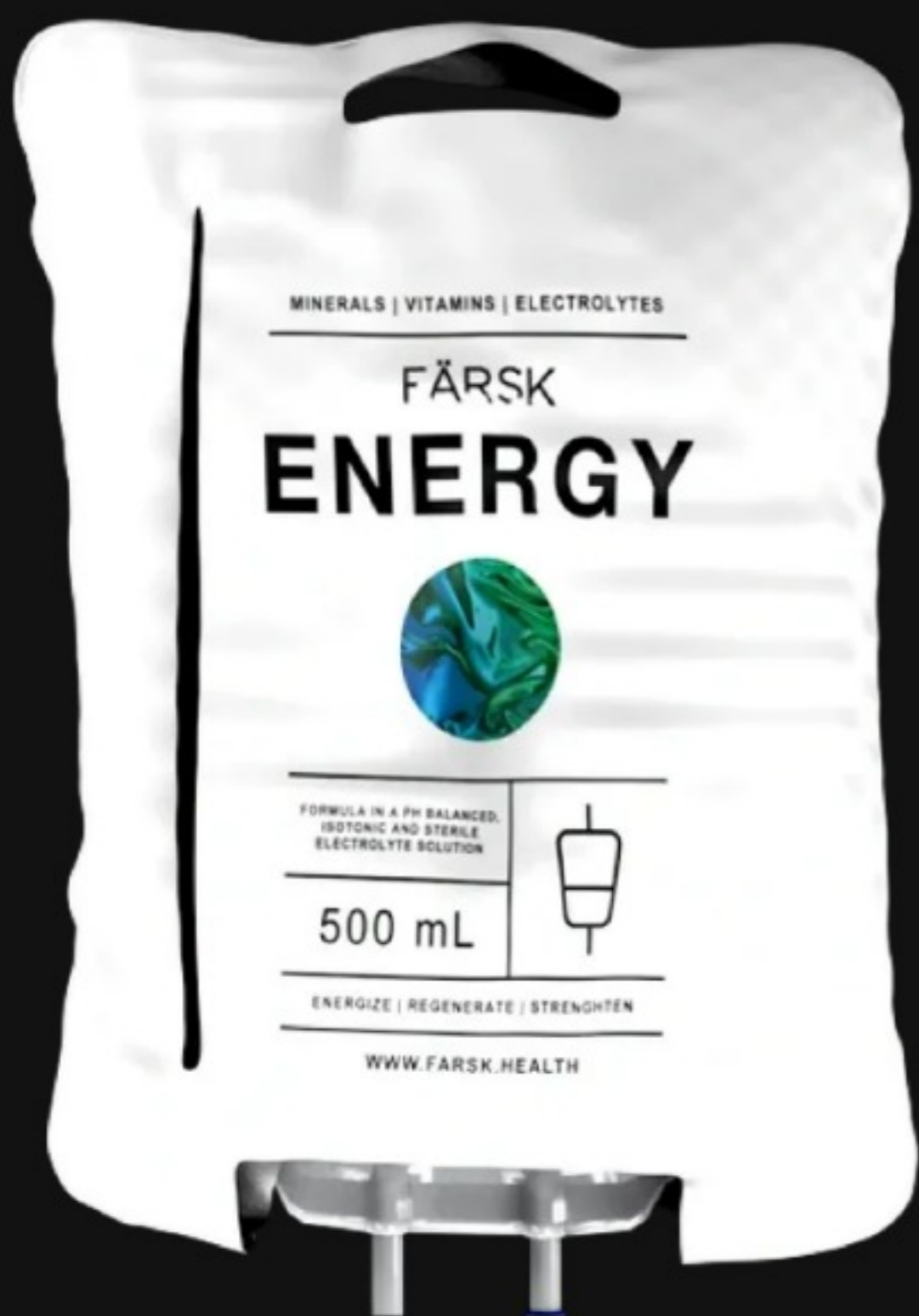
# IV Vitamin Infusions by Farsk



# FÄRSK

# Energy

## ENERGIZE | REGENERATE | STRENGTHEN

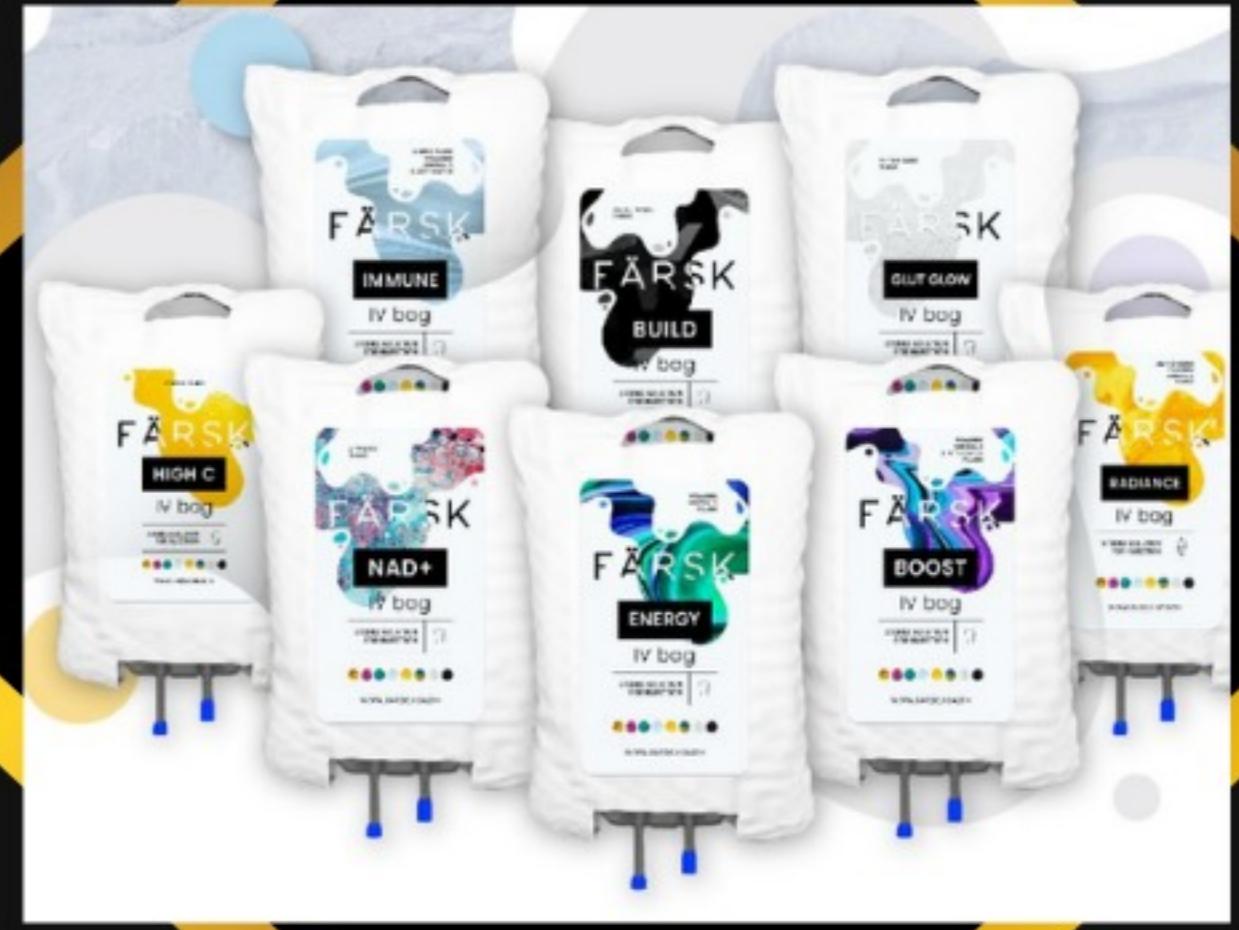


### Assists in treatment of

- Lethargy
- Exhaustion
- Slow metabolism and undesired weight gain
- Seasonal blues
- Insomnia
- Vitamin B deficiencies

- This IV drip was developed to provide the necessary vitamins and minerals for adequate energy levels.
- The key components in this solution are dextrose combined with B vitamins and magnesium, all of which are crucial in the production of adenosine triphosphate (ATP), the cellular energy source.
- IV Energy improves the levels of vitamins and minerals which help regenerate cells and correct deficiencies such as: anemia, insomnia, electrolyte imbalances, stress and thyroid conditions, strengthening the body's ability to take on daily challenges.

# IV Vitamin Infusions by Farsk



# FÄRSK

# Immune

## PROTECT | REPAIR | SUPERCHARGE

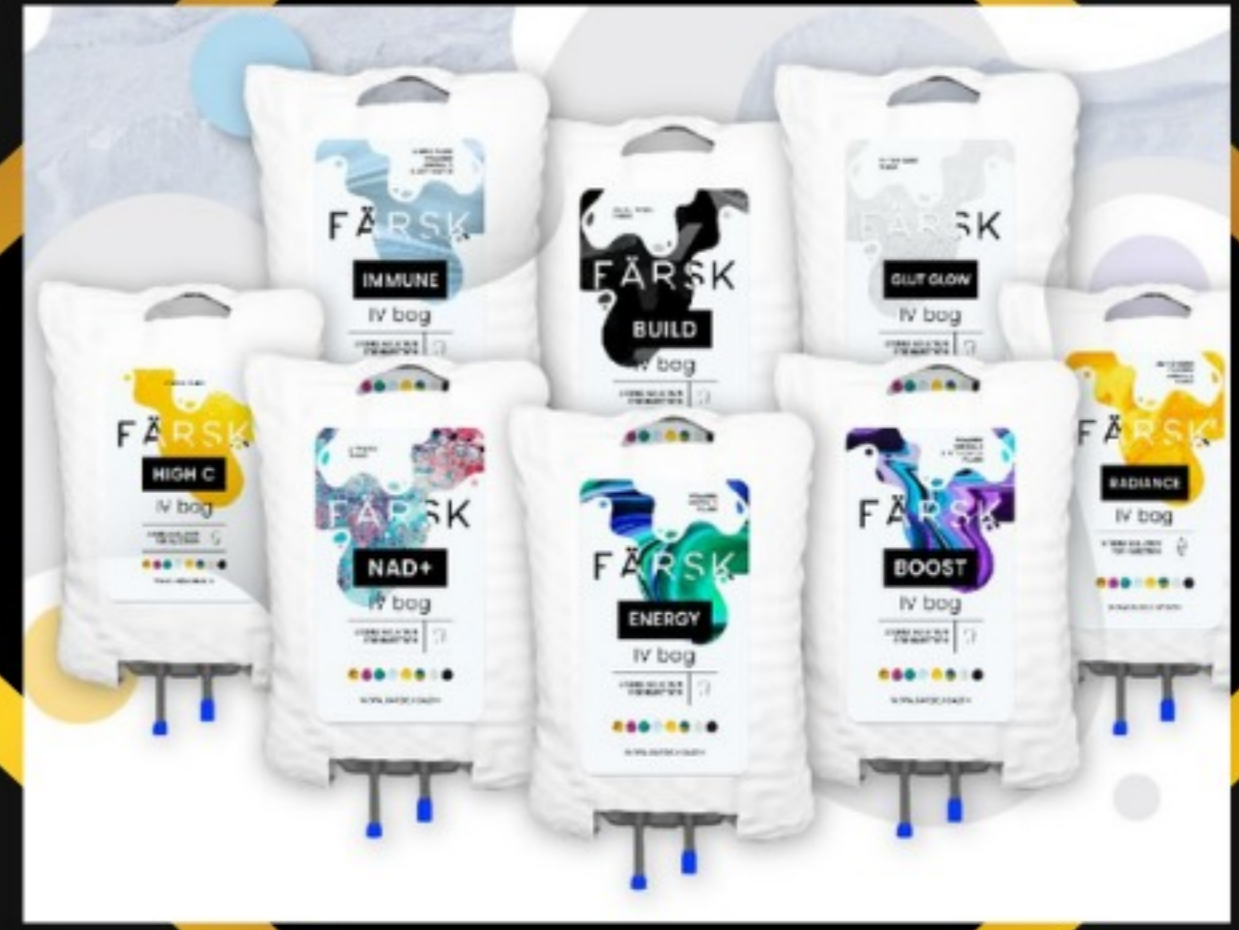


- This IV drip was developed to supply the necessary vitamins, minerals and amino acids for improved immune function, which enhances the body's ability to protect itself -including fighting infections, healing efficiently, repairing cells, and recovering faster.
- IV Immune provides an effective electrolyte balance and it is isotonic to blood, giving the immune system a functioning boost.
- Promotes healthy aging
- Increases red blood cell production
- The key vitamins in this treatment are vitamins A and D along with high levels of vitamin B and C and zinc

### Assists in treatment of

- Recovery after surgery
- Wound healing
- Compromised immune system
- Vitamin deficiencies
- Recovery after illness
- Strengthening of the immune system

# IV Vitamin Infusions by Farsk



# FÄRSK

# Radiance

## REFINE | ILLUMINATE | REFRESH

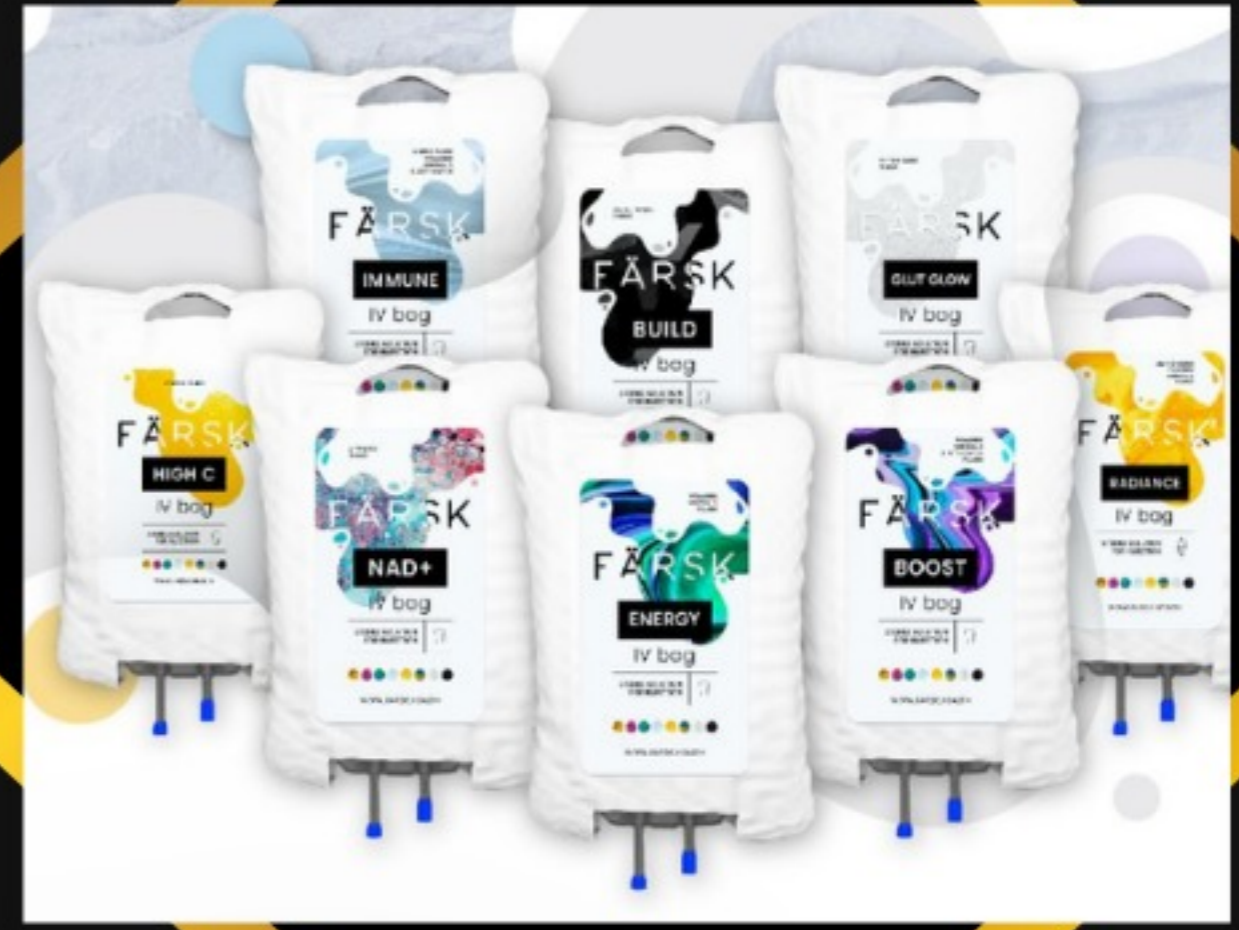


### Assists in treatment of

- Dull skin
- Hyperpigmentation
- Skin Texture issues
- Signs of aging
- Acne
- Depression

- This IV drip was created to provide a youthful glow to the skin, enhance its elasticity and target fine lines and wrinkles.
- It is the perfect pick-me-up when the skin looks dull and in need of a refresh, allowing it to regain its brightness from within.
- IV Radiance offers a powerful combination of amino acids that also have antioxidant properties, such as Arginine, Histidine, Methionine, Lysine, and Glutamic Acid, which triggers the body to produce its own Glutathione, an important antioxidant that prevents cellular damage by neutralizing free radicals and reducing signs of aging

# IV Vitamin Infusions by Farsk



# FÄRSK

# High C

REPAIR | PROTECT | GROW

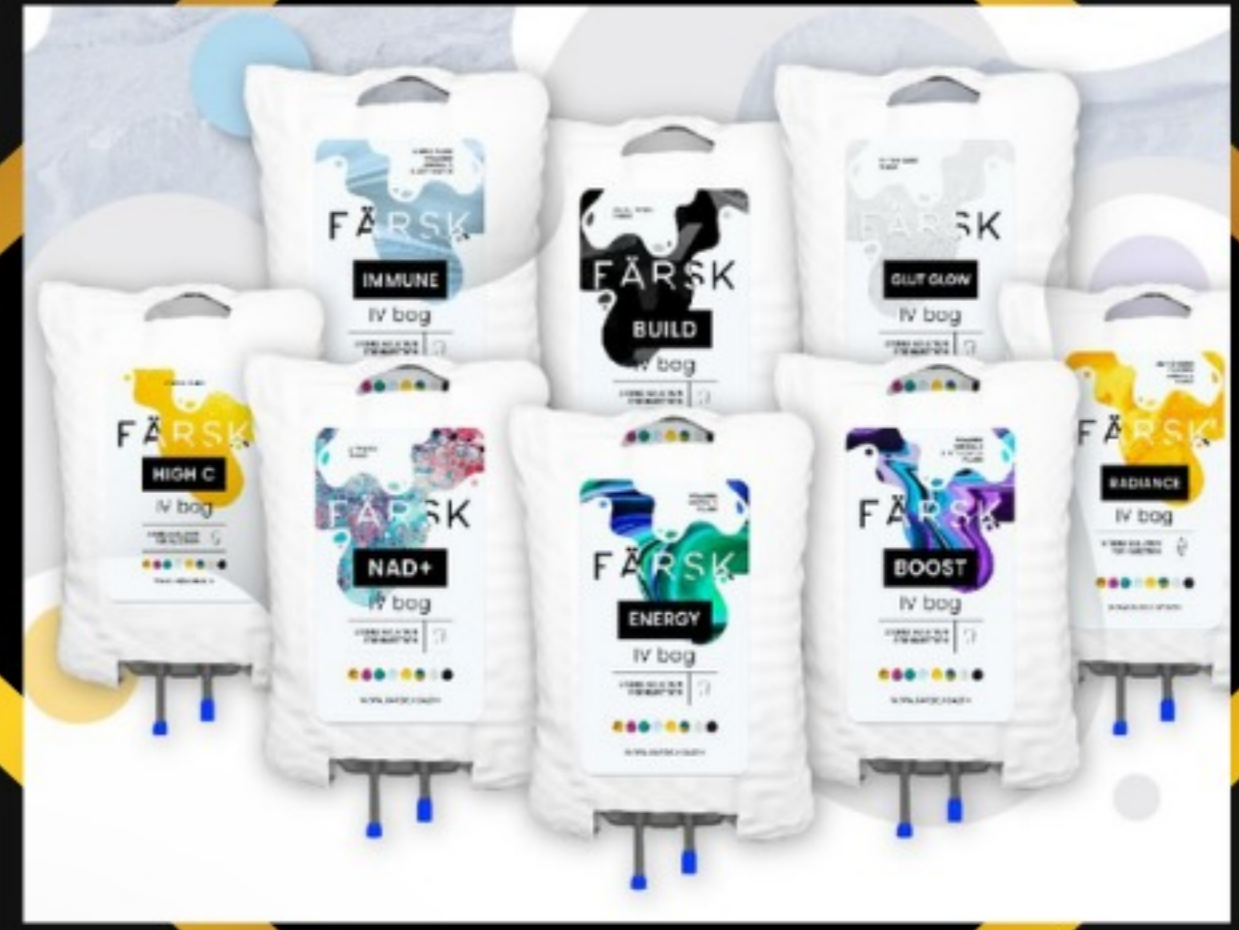


## Assists in treatment of

- Lethargy
- Fatigue
- Malaise
- Weight Loss
- Anorexia
- Diarrhea
- Hypertension

- This IV drip was created to boost and support your immune system, protect against pathogens, reduce the risk of infection and illness.
- Research shows that High C drip can aid in collagen production that heals wounds, cuts and scrapes faster. This is also because Vit C is an antioxidant that helps repair tissue and damage caused by inflammation.
- Research also shows that High C drip may be used to help reduce fatigue.
- Vit C also makes it easier to absorb iron to fight anemia
- Helps fight cancer-causing free radicals

# IV Vitamin Infusions by Farsk



# FÄRSK

# NAD+

## DETOX | IMPROVE | PROTECT

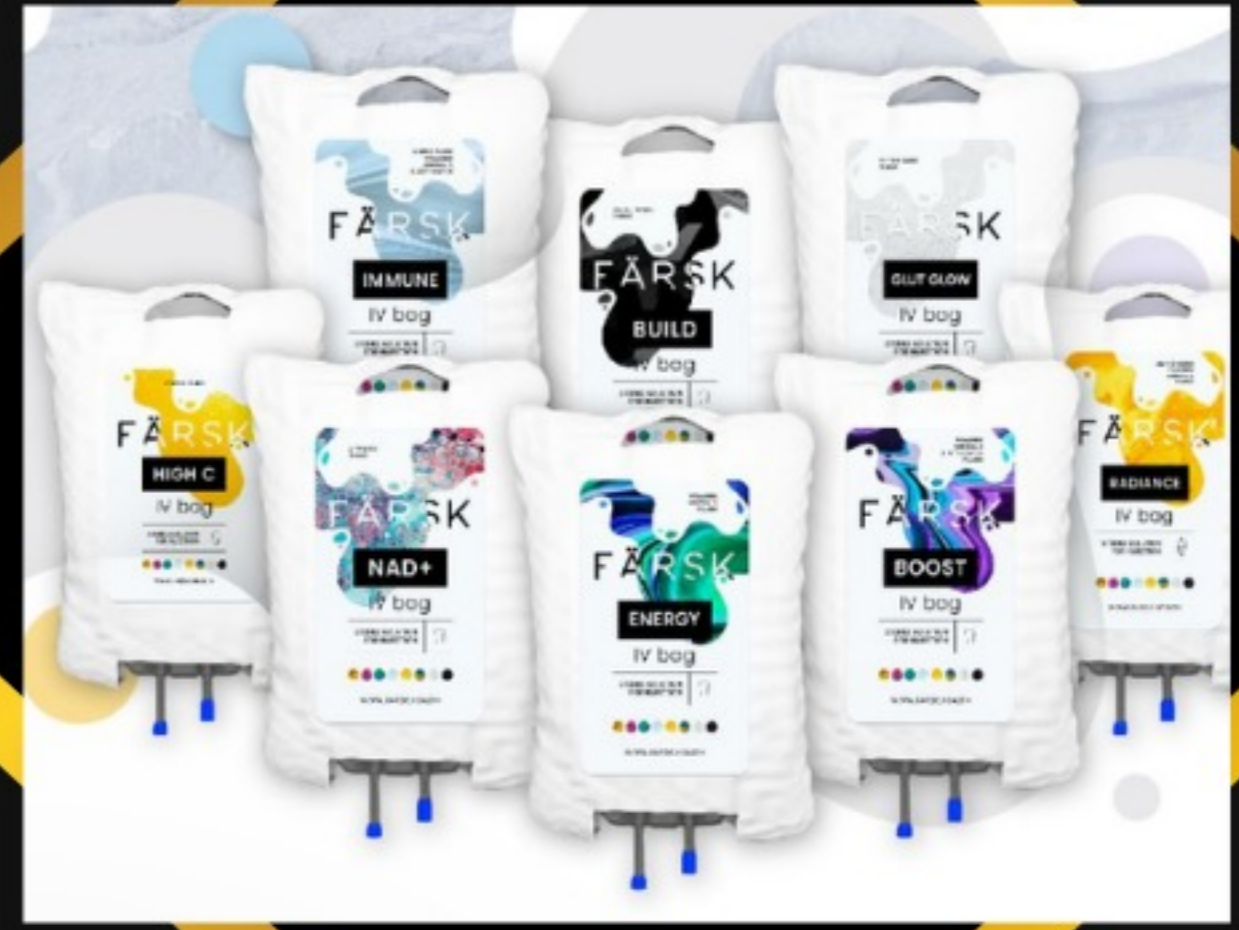
- This IV drip can help increase NAD+ levels in the body by delivering it intravenously.
- NAD+ helps in DNA repair and maintenance in the cellular immune system.
- It's also essential for muscle development and recovery.
- It can help with detox and addictions.
- Can improve mood and boosts energy and improves mental clarity, memory, and ability to focus.
- It has been found to improve athletic performance



### Assists in treatment of

- Addiction Recovery
- Anti-aging
- Cognitive Function
- Neurodegenerative diseases
- Weight loss
- Improves depression
- Improves sleep

# IV Vitamin Infusions by Farsk



# FÄRSK

## Glut Glow

### DETOX | REPAIR | STRENGTHEN



#### Assists in treatment of

- liver diseases
- Parkinson's disease
- Multiple sclerosis
- Insulin resistance

- Glutathione is a powerful antioxidant that helps fight free radicals in the body. Its levels can decline if the body isn't getting enough selenium and vitamin C, which are important building blocks for glutathione.
- This IV drip is a solution to help increase glutathione levels by injecting glutathione directly into the bloodstream.
- Benefits of this treatment include: restoring an over-stressed immune system, reducing inflammation in the body, boosting a sluggish metabolism, and enhancing mental clarity
- Has been found to decrease wrinkles and increase skin elasticity giving a youthful glow
- Can help detoxify drugs, pollutants, and naturally created chemicals in the body

## IV Vitamin Infusions by Farsk

# FÄRSK



# Methyl B12



### Potential benefits for addressing

- fatigue,
- weakness,
- loss of appetite,
- weight loss,
- nerve problems,
- anemia
- boosts energy levels
- supports brain function
- promotes a positive mood

- Studies have associated Methylcobalamin, a highly bioavailable and active form of vitamin B12 and the active ingredient of MethylB12Pro.
- Methylcobalamin is readily absorbed by the body, ensuring optimal utilization and effectiveness.
- Unlike other forms, Methylcobalamin is a biologically active form of vitamin B12, readily utilized by the body without the need for conversion.
- Methylcobalamin has a particular affinity for nerve tissues, providing essential support for healthy nerve function and promoting overall well-being.
- Methylcobalamin offers sustained benefits, supporting energy production and overall vitality for an extended period.
- Prepare to elevate your energy levels, conquer fatigue, and enhance your overall vitality with the potential benefits associated with Methylcobalamin, the active ingredient in MethylB12Pro.

# IV Vitamin Infusions by Farsk

# FÄRSK



*10 Vitamin packages*



**IMMUNE  
HIGH C  
NAD+**

WEEK 1, 3, 5,  
FOR OPTIMAL RESULTS SHOULD BE REPEAT X2

**IMMUNITY**

PLEASE CALL FOR PRICING

**WEIGHT LOSS**

**ENERGY  
BOOST  
ENERGY  
BOOST  
ENERGY  
GLUT GLOW**

PLEASE CALL FOR PRICING

WEEK 1,3,7,13,18, 24



**ANTIOXIDANT**



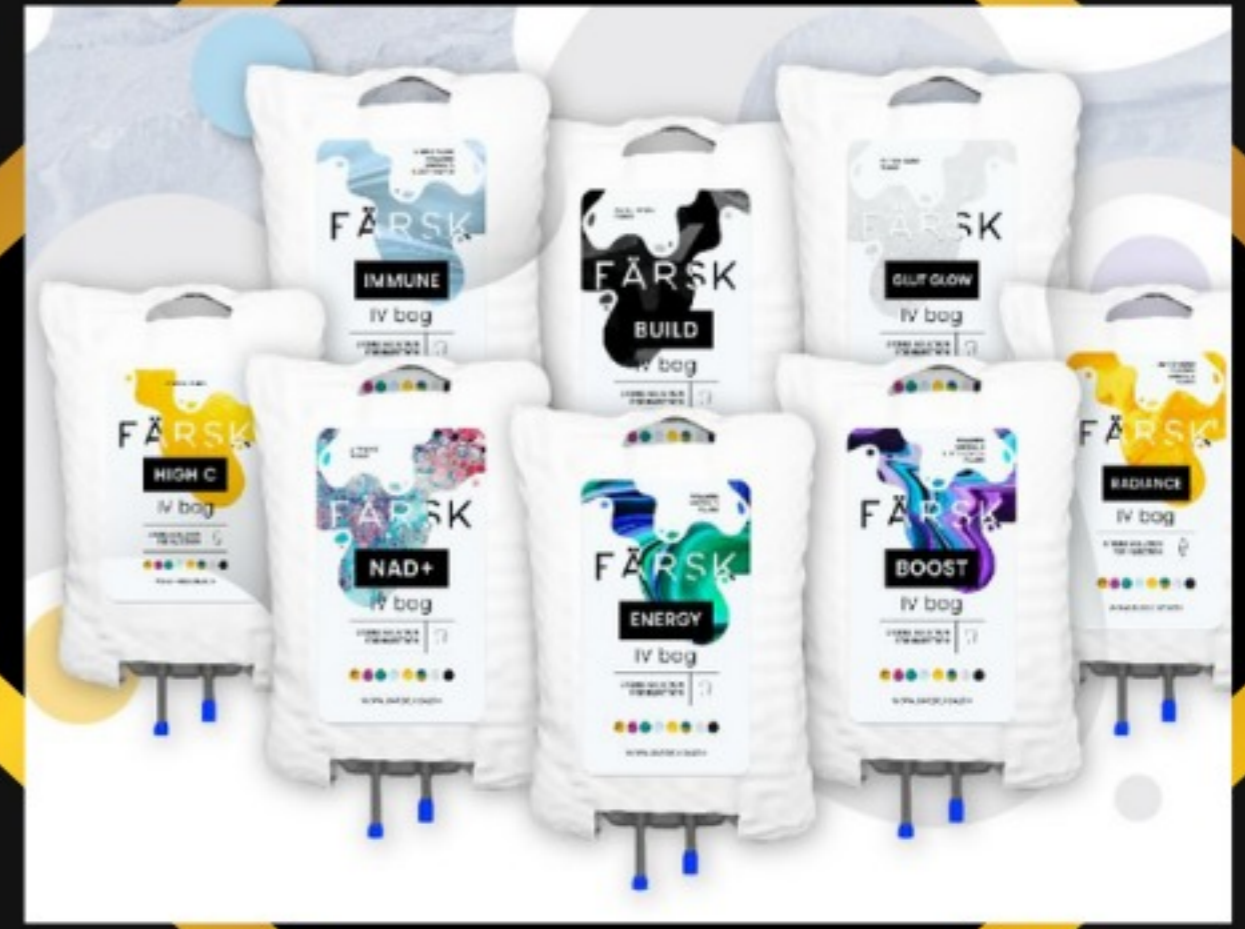
**HIGH C  
IMMUNE  
GLUT GLOW**

PLEASE CALL FOR PRICING



# IV Vitamin Infusions by Farsk

# FÄRSK



*10 Vitamin packages*



## RECOVERY AND HEALING

**NAD+**  
**HIGH C**  
**IMMUNE**

PLEASE CALL FOR PRICING

## SKIN

**GLUT GLOW**  
**HIGH C**  
**RADIANCE**

PLEASE CALL FOR PRICING



WEEK 1,3,7, FOR OPTIMAL RESULTS SHOULD BE REPEATED X2

## BRAIN FUNCTION



**GLUT GLOW**  
**NAD+**  
**HIGH C**

PLEASE CALL FOR PRICING

# IV Vitamin Infusions by Farsk

# FÄRSK



*Our Vitamin packages*



## ENERGY

ENERGY  
NAD+  
IMMUNE

PLEASE CALL FOR PRICING

## CLEANSE

HIGH C  
BOOST PLEASE CALL FOR PRICING  
GLUT GLOW  
NAD+



## ANTI-AGING



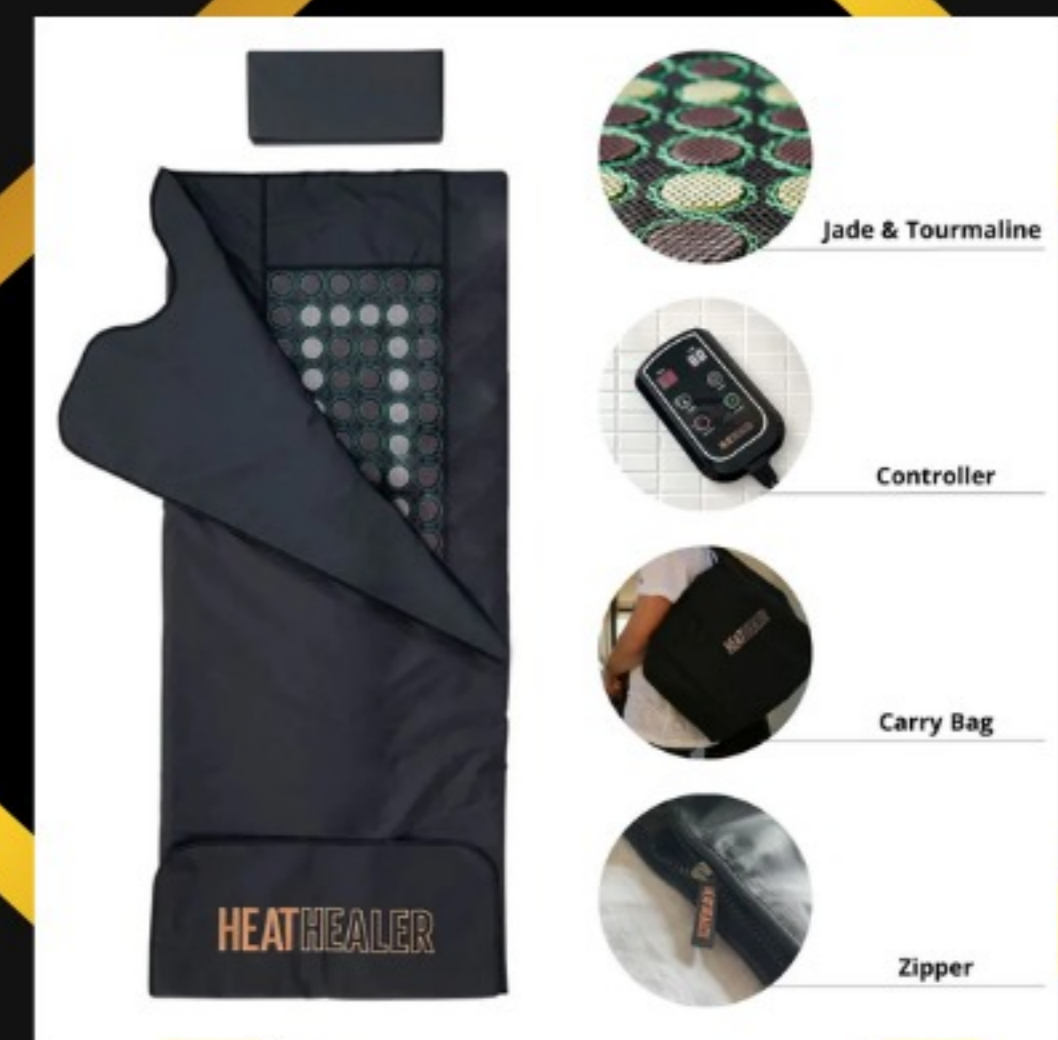
RADIANCE  
RADIANCE  
NAD+  
HIGH C  
IMMUNE

PLEASE CALL FOR PRICING

WEEK 1,3,6,12,15, 21, 27

## Infrared Sauna Blanket Treatments

# BENEFITS OF INFRARED SAUNA BLANKET



### AFTER 15 MINUTES

YOU START TO FEEL RELAXED AS YOUR BODY WARMS UP AND YOUR MIND SWITCHES OFF. YOU WILL BEGIN TO FEEL AS THOUGH YOU ARE ENTERING INTO A DEEP MEDITATIVE REST.

### AFTER 30 MINUTES

THIS IS WHEN THE HEAT STARTS TO KICK IN & YOU MAY BEGIN TO SWEAT. YOUR BODY WILL BE BURNING CALORIES, MUCH LIKE A MIMETIC FOR EXERCISE.



### AFTER 45 MINUTES

YOUR BODY WILL START TO EXPERIENCE THE FULL BENEFITS OF INFRARED, INCLUDING MUSCLE REJUVENATION, SWEATING OUT IMPURITIES AND FULL BODY RELAXATION.

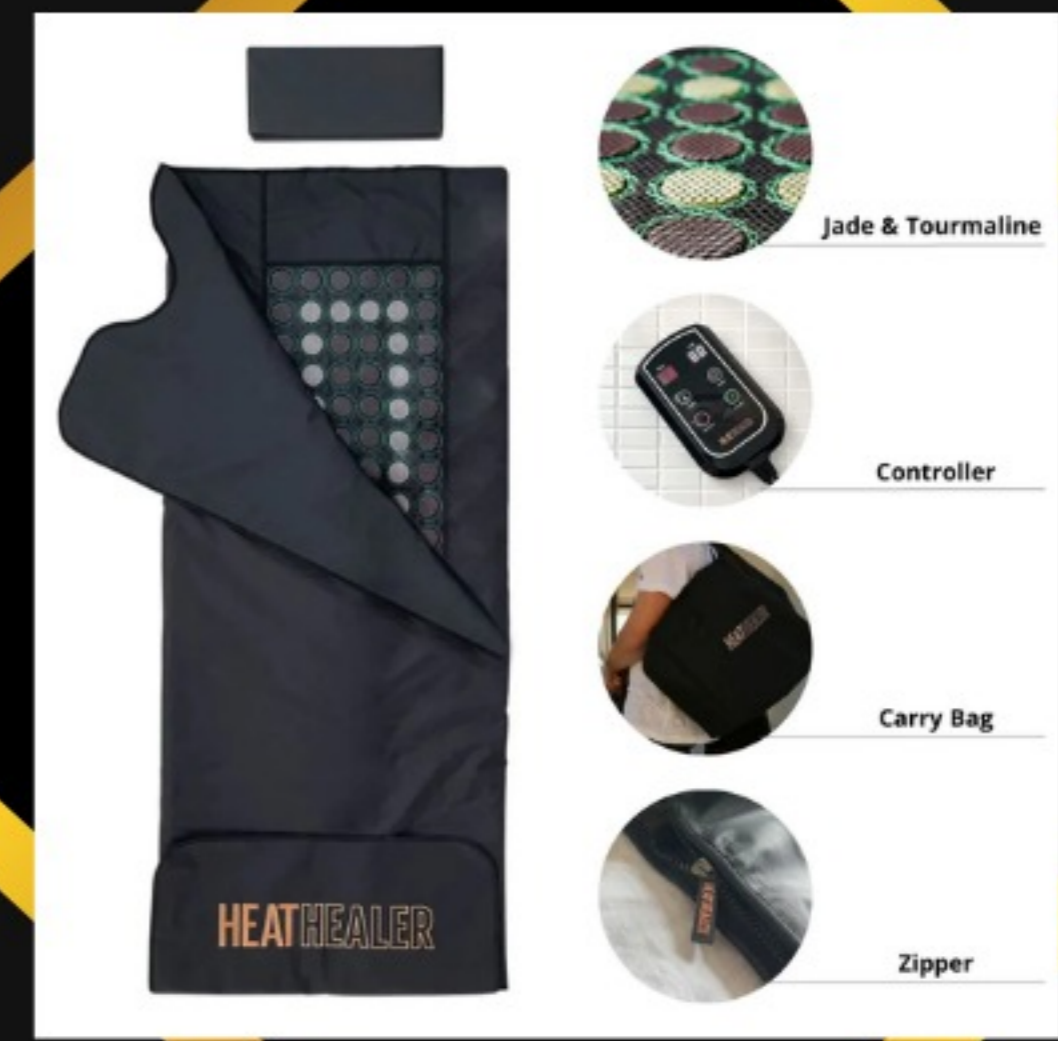
### AFTER 60 MINUTES

YOU WILL HAVE ENTERED A STATE OF HORMESIS AS YOUR BODY & MIND IS REJUVENATED. YOU WILL FEEL CALM, YET RE-ENERGIZED WITH THE EFFECT LASTING THROUGHOUT THE DAY.

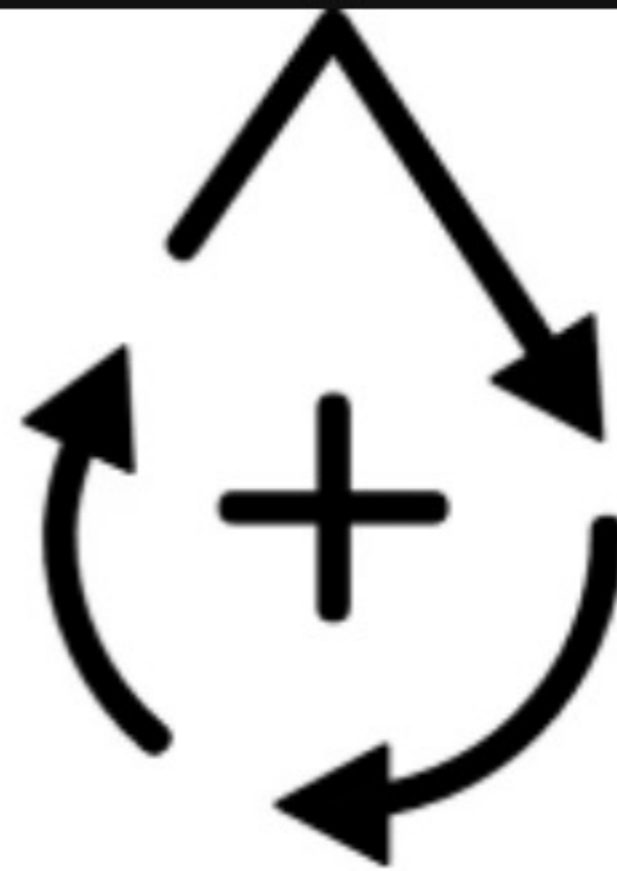


# Infrared Sauna Blanket Treatments

## BENEFITS



Soothe Your Body



Sweat Out Impurities



Burn Calories



Mental Relaxation



Promote Glowing Skin




Better Sleep

# The Essence of Health



MED LASER AND INFUSION CLINIC INC.

---

-  289-775-4685
-  [www.essenceofhealthclinic.ca](http://www.essenceofhealthclinic.ca)
-  [mila@essenceofhealthclinic.ca](mailto:mila@essenceofhealthclinic.ca)
-  Stoney Creek, ON

**By Appointment Only**

**Flexible hours including evenings available**

---

AT THE ESSENCE OF HEALTH, MED LASER AND INFUSION CLINIC INC WE FOCUS ON HEALTH, BEAUTY. WEIGHT LOSS ASSISTANCE, AND HEALTH PROMOTION ! WITH THE POWER OF LIGHT WE EMPOWER YOU TO TAKE CHARGE OF YOUR HEALTH AND BEAUTY IN A NON-INVASIVE AND HIGHLY EFFECTIVE WAY WITH NO DOWNTIME. START YOUR JOURNEY WITH US TODAY, CALL FOR A FREE NO OBLIGATION CONSULTATION TODAY AND START YOUR JOURNEY TO A HEALTHIER AND MORE BEAUTIFUL YOU! DURING CONSULTATION WE WILL AIM TO DISCUSS AND ADDRESS ALL OF YOUR WELLNESS GOALS AND CONCERNS. TOGETHER WE WILL SET REALISTIC AND ACHIEVABLE GOALS, REVIEW YOUR MEDICAL HISTORY AND PLAN OUT A COURSE OF TREATMENT (S). WE ARE 100% HIPPA COMPLAINT!

DON'T HESITATE CALL US TODAY !

**The Essence of  
Health Team**

\*\*Results may vary from person to person, everyone is unique and responds to treatments differently.\*\*