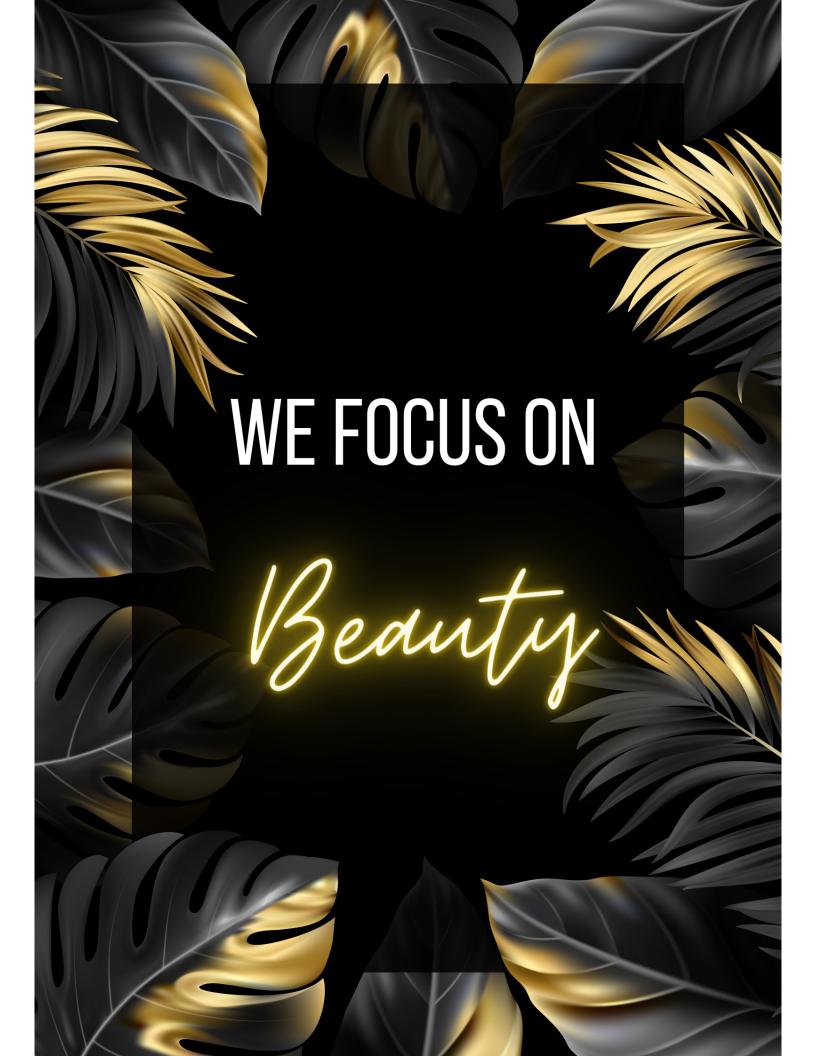


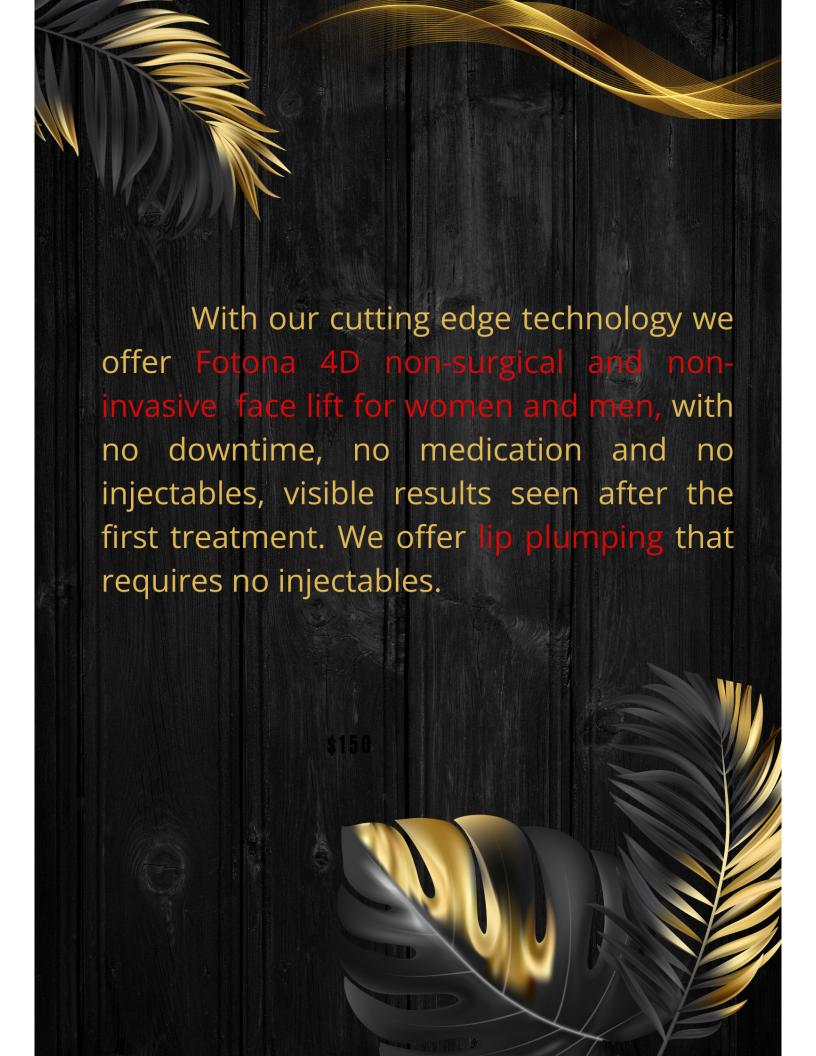
At *The Essence of Health* we strive to offer a natural approach to symptom management and beauty. With our cutting edge technology we are offering highly effective treatments that are non-invasive and safe, with no medication, and no downtime. We offer numerous treatments and specialize in laser treatments for pain management. Combination of photobiomodulation and laser pain management is ideal solution for wound healing and pain reduction. While pain medications often lead to addiction and dependency, a Fotona laser treatment is a natural and effective way to reduce or eliminate pain. This treatment is specifically beneficial to those suffering from fibromyalgia, lower back pain, arthritis, sports related injuries and more. Pain hinders you from achieving better results in every aspect of your life and may prevent you from doing your day to day activities. Laser pain management may be a great option for you.

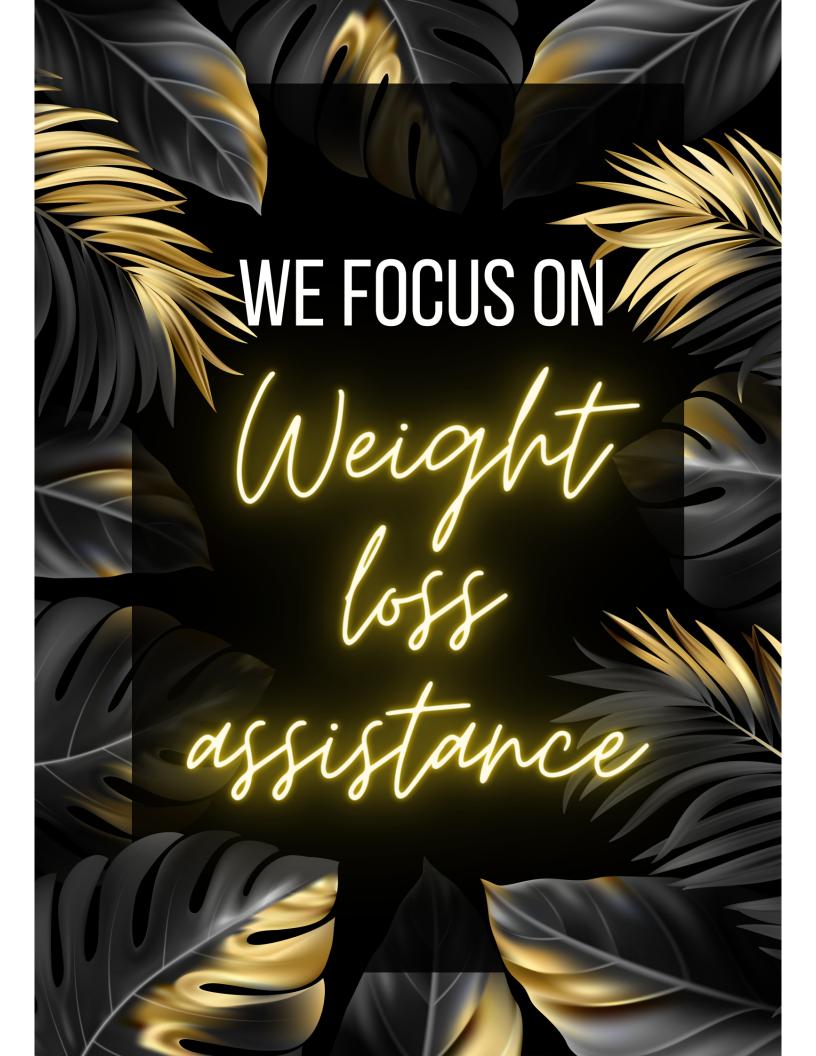
I have been a nurse for nearly 20 years, worked in various fields of nursing, my passion is to help people especially at their most vulnerable state, to make a difference in someone's life, to go that extra mile. My personal experience has forced me to explore ways that will benefit and support individuals living with pain every day. Our innovative technology is highly effective for both men and women, it is evidence based with extensive scientific research. Without hesitation I have decided to change paths in my career to offer an alternative method in pain management. It helped people closest to me where nothing else worked, it may help you.

Child birth and the natural aging process can cause significant changes to a women's body. Weakening of the core muscles, bladder leakage, and weight gain can significantly impact our confidence and overall quality of life. With our innovative technology we offer a non-surgical laser treatments for stress urinary incontinence, vaginal relaxation syndrome and vaginal atrophy. With our High Intensity Tesla Magnetic Stimulation (HITSTM) system we offer and alternate option to PELVIC FLOOR & CORE STRENGTHENING TREATMENT that is non-invasive, safe and effective. These treatments are truly life changing.

Other treatment options that we ofter include reduction in snoring nail fungus treatments, warts and skin tag removal, spider vain removal acne treatments, hair restart and many more.







We offer weight loss assistance through

- 1.body strengthening, firming and toning, muscle sculpting, core strenghtening
- 2. HotSculpting/TightSculpting treatments a.a two step process
  - i.first -laser causes bulk tissue heating safely and rapidly, by concentrating energy delivery subcutaneously causing apoptosis of the fat cell
  - ii.second- skin tightening where intense superficial heat stimulates collagen contraction
- 3.infrared sauna blanket treatments which calms your mind, rejuvenates your body, burns calories and sweats out impurities.



Our clinic offers a variety of **W vitamin infusions**. In today's world we need our immune system to be strong to conquer the unpredictable tomorrow. IV Drip treatments are known to provide the body with the essential vitamins and minerals by injecting the solution directly into the bloodstream. This facilitates a very high absorption rate and because it is fast-acting, delivers efficient results immediately after finishing the treatment. Have you every wondered when trying to buy vitamins which once to pick, what is the difference between them? Have you ever forgotten them for days at a time or felt unwell after taking them? IV vitamins and minerals might be a good solution for you.

## BENEFITS OF IV THERAPY

- Improve hydration
- Nourishes the body through vitamins, minerals and electrolytes
- Strengthen the immune system
- Boost energy levels and reduce fatigue
- Supports your metabolism
- Protect against free radicals
- Regenerate cells
- Improve the overall condition of your skin

